

NZ Super or Veteran's Pension for Cook Islands residents

April 2024

If you live in the Cook Islands, Niue or Tokelau you can apply for New Zealand Superannuation (NZ Super) or Veteran's Pension.

To get NZ Super or Veteran's Pension you need:

- to be aged 65 or over
- to be a New Zealand citizen or permanent resident
- a total of 10–20 years residence and presence in these countries since you turned 20, based on your date of birth. The total must include:
 - 10 years in New Zealand
 - up to another 10 years in New Zealand, the Cook Islands, Niue and/or Tokelau (or a combination), based on your date of birth
 - 5 years of the total must be since you turned 50.

To be a resident in New Zealand, the Cook Islands, Niue and/or Tokelau, you must have made it your home and lived there on a permanent basis.

If you live in New Zealand and intend to move to the Cook Islands, Niue or Tokelau, you can still apply for NZ Super or Veteran's pension. Talk to us before you leave New Zealand.

What you may get

What you may get depends on how long you've lived in New Zealand since turning 20:

- 20 years or more – the full rate appropriate to you (single or married rate)
- Fewer than 20 years – a rate calculated on the number of years you have lived in New Zealand. More information about this is available at [workandincome.govt.nz/super](https://www.workandincome.govt.nz/super)

What you get may change if you and/or your partner get or qualify for a social security benefit, pension or allowance from a country other than New Zealand.

How to apply

You need to complete and sign an application form you can get from:

- New Zealand High Commission in Rarotonga (or your outer-island administration office)
- Ministry of Social Development in New Zealand by emailing us at international_services@msd.govt.nz

Take the form and all the documents we need to the New Zealand High Commission or your outer island administration office. The documents we need are listed over the page and on the application form.



The date you apply is important

If you're already 65, to make sure you don't miss out on any payments you should collect a form now. If you're approaching 65 years of age, you need to collect a form before your birthday.

What happens next

After you return your application form and the documents we need:

- your form will be checked to make sure it's complete
- your documents will be copied and given back to you
- your application will be sent securely to New Zealand to be processed.

We'll send you a letter to let you know the outcome of your application.

Documents we need

What you need to provide depends on your situation. One of the documents you provide must be at least two years old. If you have a partner who's not receiving NZ Super or Veteran's Pension, you also need to provide proof of their identity.

Proof of your identity

You need to provide one type of government issued identification that has your full legal name and your date of birth. For example your birth certificate, passport, driver licence, firearms licence, deed poll. Your legal name is the name on your birth certificate or deed poll for a name change.

If your name has changed, please provide your marriage certificate, deed poll or other proof of the name change.

Documents supporting your identity

Please provide two more documents that support your identity, such as your marriage certificate, bank statement, driver licence or a bill with your name on it.

Proof of your bank account number

You need to provide a bank statement or deposit slip showing the account name, account number and bank logo. If you write any of these details yourself, you need to get the bank to stamp and sign the statement or slip.

Proof you've been resident and present in the Cook Islands, Niue or Tokelau

If you're using your residence and presence in these countries from the age of 50 to qualify for NZ Super or Veteran's Pension, you'll need to provide proof you lived there. You can get it from the Customs or Immigration Office in those places. Ask us if you need help with this.

For more information

For more information go to workandincome.govt.nz/seniors



Te NZ Super (Moni-pakari o Aotearoa) me kore ra, Te Veteran's Pension (Moni-pakari a te Va'e'au)

no te 'iti tangata Kūki 'Āirani, e no'o nei ki roto i te Kūki 'Āirani i roto i te marama 'Āperira, i te mata'iti 2024

Me te no'o nei koe ki roto i te Kūki 'Āirani, Niue, me kore ra, i Tokelau, ka rauka iā koe i te pati atu no te New Zealand Superannuation (NZ Super), me kore ra, i te Veteran's Pension.

Kia tu koe i te NZ Super, me kore ra, i te Veteran's Pension, ka anoano'ia koe:

- kia tae ki te mata'iti 65, me kore ra, kia tere atu
- ei New Zealand citizen, me kore ra, ei permanent resident
- no teta'i 10–20 mata'iti i te no'o'anga, e tei roto i teia au basileia, mei to'ou 'uri'anga ki te 20 mata'iti, tei tango'ia ki runga i to'ou rā 'ānau'anga. Tei roto i teia tārē'anga:
 - e 10 mata'iti i roto i Aotearoa
 - kia taeria ki teta'i atu 10 mata'iti i roto i Aotearoa, i te Kūki 'Āirani, Niue e/me kore ra, Tokelau (me kore ra, teta'i kā'iro'anga), tei tango'ia ki runga i to'ou rā 'ānau'anga
 - e 5 mata'iti o te katoa'anga, mei to'ou 'uri'anga ki te 50 mata'iti.

Kia riro mai koe ei resident i Aotearoa, te Kūki 'Āirani, Niue e/me kore ra, Tokelau, ka anoano'ia koe, kia no'o ana ei kainga no'ou, e kua no'o tinamou ana koe, ki reira.

Me te no'o nei koe ki Aotearoa, e te 'akakoro nei koe i te neke ki te Kūki 'Āirani, Niue, me kore ra, Tokelau, ka rauka rāi iā koe i te pati atu no te NZ Super, me kore ra, no te Veteran's pension. Komakoma mai kia matou, i mua ake ka 'akaruke ei koe ia Aotearoa.

Ea'a i reira te ka rauka iā koe

Tei runga 'ua i te roa o te tuātāu i to'ou no'o'anga ki Aotearoa, mei to'ou 'uri'anga mata'iti ki te 20, te tārē'anga o te tutaki:

- E 20 mata'iti, me kore ra, kua tere atu – te katoa'anga o te tāre'anga tau no'ou (te tārē'anga no te tangata 'okota'i anake, me kore ra, no te tokorua kua 'akaipoipo)
- Tei raro ake i te 20 mata'iti– e tārē'anga tei 'akatanotano'ia no runga i te tārē'anga mata'iti, i no'o ana koe ki Aotearoa. Tei runga teta'i atu 'akakitekite'anga no runga i teia i te workandincome.govt.nz/super

Ka tauī pa'a ta'au tutaki, me te ko'i ra, me kore ka tau kia ko'i koe, e/me kore ra, to'ou tokorua, i teta'i social security benefit, pension, me kore ra, allowance, mei ko i teta'i basileia kē atu 'ia Aotearoa.

Ka akapē'ea me pati

Ka anoano'ia koe kia 'akakī ma te tāina i to'ou ingoa, i teta'i pēpa pati'anga, mei ko i te:

- New Zealand High Commission i Rarotonga (me kore ra, teta'i outer-island administration office)
- Ministry of Social Development i roto i Aotearoa, na roto i te tuku'anga mai i te mēre uira kia matou i ko i te international_services@msd.govt.nz

'Apaina'ia atu te au pēpa pouroa te ka anoano matou, ki ko i te New Zealand High Commission, me kore ra, ki ko i to'ou outer island administration office. Kua 'akapapa'ia atu te au pēpa ka anoano matou ki runga i teta'i ake tua o te kapi, e tei runga i te pēpa pati'anga.



E mea pu'apinga te rā ka pati atu ei koe

Me kua tae takere koe ki te 65 mata'iti, i te 'akapāpu meitaki kia kore koe e ngere i teta'i 'ua ake tutaki'anga, ka tau kia tiki atu koe i teta'i pēpa, i teia 'ati'anga. Me te tomo atu nei koe ki te 65 mata'iti, ka anono'ia koe kia tiki atu teta'i pēpa, i mua ake i to'ou rā 'ānau'anga.

Ea'a i reira te ka tupu

I muri ake i ta'au 'aka'oki'anga mai i ta'au pēpa pati'anga, e te au pēpa anoano'ia e matou:

- ka 'ākara meitaki 'ia ta'au pēpa i te 'akapāpu e kua 'akakī pouroa iā
- ka nene'i'ia ta'au au pēpa, e ka 'aka'okina'ia atu kiā koe
- ka tukuna'ia atu ta'au pati'anga i raro ake i teta'i turanga ponuiā'au, kia tā'anga'anga'ia i Aotearoa.

Ka tuku atu matou i teta'i reta kiā koe, i te 'akakite atu i te turanga o ta'au pati'anga.

Te au pēpa ka anoano matou

Tei runga i to'ou turanga anake, te mea tau kia tuku mai koe. Kia taeria ki te rua mata'iti, te takere o teta'i o te pēpa te ka tuku mai koe. Me e tokorua to'ou, e kare 'aia e ko'i ana i te NZ Super, me kore ra, i te Veteran's Pension, ka anoano katoa 'ia koe i te tuku mai i teta'i 'akairo no tōna turanga.

Te 'akairo no to'ou 'uā'orāi turanga

Ka anoano'ia koe kia tuku mai i teta'i pēpa na te kavamani, te 'akaāri mai ra i to'ou turanga, i to'ou ingoa tika tikāi, e to'ou rā 'ānau'anga. Teia te 'ākara'anga, to'ou birth certificate, passport, driver licence, firearms licence, deed poll. Ko te ingoa i runga i to'ou birth certificate, me kore ra, deed poll no te tau'anga ingoa, to'ou ingoa tika tikāi.

Me kua tau'ia to'ou ingoa, me ka tika, tukuna mai to'ou marriage certificate, deed poll, me kore ra, teta'i atu 'akairo no to'ou tau'anga ingoa.

Te au pēpa te turu ra i to'ou turanga

Me ka tika, tuku mai e rua 'aka'ōu atu pēpa i te turu i to'ou turanga, mei te marriage certificate, bank statement, driver licence, me kore ra, i teta'i pira tei runga to'ou ingoa.

Te 'akairo no ta'au numero pangika moni

Ka anoano'ia koe kia tuku mai i teta'i bank statement, me kore ra, i teta'i deposit slip tei runga to'ou account name, account number, e te bank logo. Me na'au anake i tātā i teta'i 'ua atu o teia au 'akakitekite'anga, ka anoano'ia koe kia pati atu ki te pangika, kia stamp, e kia tāina i te statement me kore ra, i te slip.

Teta'i 'akairo no to'ou no'o'anga, e te no'o nei ki roto i te Kūki 'Āirani, Niue, me kore ra, Tokelau

Me ka tā'anga'anga koe i too'u no'o'anga, e te no'o nei ki roto i teia au basileia mei to'ou 'uri'anga ki te 50 mata'iti, kia tau koe no te NZ Super, me kore ra, no te Veteran's Pension, ka anoano'ia koe, kia tuku mai i teta'i 'akairo no to'ou no'o'anga ki reira. Ka rauka iā koe i te tiki atu i te reira mei ko i te Custom, me kore ra, i te Immigration Office i roto i taua au ngā'i. Pati mai kia matou, me anoano tauturu koe no runga i teia.

No tetai atu tuatua 'akakite

No teta'i atu 'akakitekite'anga, 'ākara'ia te [workandincome.govt.nz/seniors](https://www.workandincome.govt.nz/seniors)

